



Dr. Kate Litterer

PRODUCTIVITY COACH &
INDEPENDENT RESEARCHER

PERSONAL DETAILS

I am a highly trained academic with over a decade of practice as a researcher and educator. I have transitioned my skillset to build a successful career as a productivity coach and writer who specializes in habit formation, mindfulness, intentionality, and slow living.

EDUCATION

University of Massachusetts Amherst

PhD, Rhetoric and Composition, 2020

Dissertation: "Lisa Ben and Queer Rhetorical Reeducation in Post-war Los Angeles"

MFA, Creative Writing (Poetry), 2013

Thesis: "I Came To in Conflagration"

CAREER HIGHLIGHTS

I was one of two recipients of a University of Massachusetts Graduate Dissertation Fellowship in 2020. I was one of nine recipients for a ONE Foundation LGBTQ Research Fellowship in 2018. I was solicited to be a peer-reviewer for *Peitho: Journal of the Feminist Scholars in the History of Rhetoric and Compositions* in 2018.

CONNECT WITH ME

Email: kate.litterer@gmail.com

Website: www.thetendingyear.com

Facebook: [@thetendingyear](https://www.facebook.com/thetendingyear)

Instagram: [@thetendingyear](https://www.instagram.com/thetendingyear)

CAREER EXPERIENCE

Productivity Coach

Self-employed, 2018-Present

I work one-on-one with clients to develop productivity practices, including prioritization, habit formation, navigating complex and long-term projects, writing and research skills, and time management.

Independent Researcher

Lisabenography.com, forthcoming

I am on a mission to document my biographical research on the writer and musician Lisa Ben on a freely and publicly accessible website.

Book project on The Tending Year, in progress

I am currently writing a book that reimagines my productivity, slow living, and personal development research from over 100 blog posts at *The Tending Year*.

SELECTED PUBLICATIONS AND INTERVIEWS

"Kate Litterer on Productivity: How to Do Less but Achieve More"
Podcast Interview with Kate Snowise for "Here to Thrive," February 2020

"How Recovering from Alcohol Use Disorder Helped Me Recognize my Workaholism,"
The Tempest, October 2019

"Abundance: What Is It? And How to Uncover It In Your Life,"
The Homemaker Magazine, Spring 2019

"The Third Sex is Here to Stay: Rhetorical Reconstructions of Lesbian Sexuality in Vice Versa,"
Journal of Lesbian Studies, Summer 2017

Ghostly Boo

Collection of poetry, A-Minor Press, March 2016

A full list of publications is available at katelitterer.com/publications

ADDITIONAL EXPERIENCE AS AN EDUCATOR

Writing Consultant

Office of Academic Planning & Assessment, UMass Amherst, 2017-2020

Community Foundation of Western Massachusetts, Springfield, MA, 2016-2017

Writing Tutor

Cambridge College, Boston, MA, Fall 2019-Present

Women, Gender, Sexuality Studies Department, UMass Amherst, Fall 2017

Writing Center, UMass Amherst, Fall 2011-Spring 2013

Teacher

Writing Program, UMass Amherst, Fall 2010-Fall 2019

Women, Gender, Sexuality Studies, UMass Amherst, Fall 2017

OTHER INTERESTS

Aside from researching, publishing, and coaching, I love watercoloring, reading anything to do with Sherlock Holmes, listening to jazz and classical music, and practicing Iyengar yoga.